



**Employment
and Skills
Board**

careers and opportunities in the

CARE SECTOR ESSEX 2017-18

The care sector is a big industry in Essex - 28% of all apprenticeships started in Essex were in the health, public services and care sector. So why is it so popular? Probably because the care sector is one of the most rewarding industries, allowing you to make a real difference to the people who need it most and make true friendships along the way!

1.3K

different care
businesses
across Essex

2m

new workers
needed in health
and care in UK
by 2022

137K

people will need
care support in
Essex by
2030



What do these four have in common?

Like everyone, they need someone to look after them. Across a wide range of personal circumstances, from mental health and physical disability to child support and elderly care, there are thousands of people who need your support. This infographic will show you what the care sector in Essex has to offer and give you all the latest information too.



WHAT'S OUT THERE FOR ME?

There are hundreds of opportunities available in this sector. We will only show you seven for now, but take a look at some of the different roles available in care and search online for [HSCIC](#) if you're looking for something else within this sector!



Social Worker £26k - £33k+

Social Workers work with people and families to support them through difficult times and make sure that they are safe. They offer information and advice to families to help them through financial, mental health, physical health or legal issues.

Youth Worker £20k - £30k+

Your childhood can affect what you do in life and everyone deserves the opportunity to do their best. Youth Workers give support and encouragement to children and teens in their personal and academic life, as well as give them an opportunity to talk to someone about what makes them happy or unhappy.



Activities Coordinator £16k - £26k+

Activity Coordinators are responsible for developing an activity plan for care home residents which will stimulate new interests and skills and meet their individual needs. Put the fun in people's lives with the events you organise and deliver.

Equality and Diversity Officer £18k - £25k+

Everybody's equal but, unfortunately, not everybody's treated that way. Equality and Diversity Officers support those who have been discriminated against - in any way: age, race, gender, religion. These officers deal with the issues and take action to prevent them happening in the future within schools or companies.



Care Assistant £12k - £18k+

Simple tasks like getting food or making a bed can make a lot of difference to the people that can't do them for themselves. Care Assistants help make someone's day to day living a little easier by making sure they are happy and safe; what could be more rewarding than that?

Community Development Worker £15k - £26k+

Community Development Workers look to improve the communities people live in. Finding out the issues people face in their community, bringing them together, providing them with valuable activities and making their home a better place.



Psychotherapist £27k - £34k+

A Psychotherapist has a good understanding of how the mind works so that they can treat emotional problems and mental health conditions. They are trained to listen and help a person to find out what is causing the problem, and how to resolve it too.

SKILL CITY



It's easy to get from A to B when you know how. Here's a little guide to give you an idea of how you can get to your next stop. Whatever your path, there are no dead-ends! Employability skills are crucial in your rise to an awesome career so the fastest way to the top is to get as much experience as you can!



How many people work in the care sector in the UK? Well, it's only a bit more than the Essex population (1.4 million). Sounds like a lot, but the sector is struggling to meet the needs of the UK population! **One in eight people in the UK are not getting the support they need.**



The care sector desperately needs more skilled people entering it, could you be one of them?

Care companies are more likely to employ lots of people. This means that there are plenty of opportunities for career progression!

Nearly one third of the adult social care workforce is in London and the South East - nearly 300,000 people - which is more than all of the Southend and Castle Point residents put together.



As long as you want to give your help to someone who needs it, then the care sector could be for you. This industry relies on people who can prove their skills. To do that, the options are limitless: from apprenticeships to degrees and everything in between.



Essex is already home to 300,000 over-65s; imagine how many people will need you to give your help!

WHERE IN ESSEX?

Essex is actually a pretty big place so there are lots of opportunities here for you! Have a look at the amount of positions available in 2016 and some of the care companies located close to where you live.

VACANCIES BY DISTRICT



LOCAL BUSINESSES

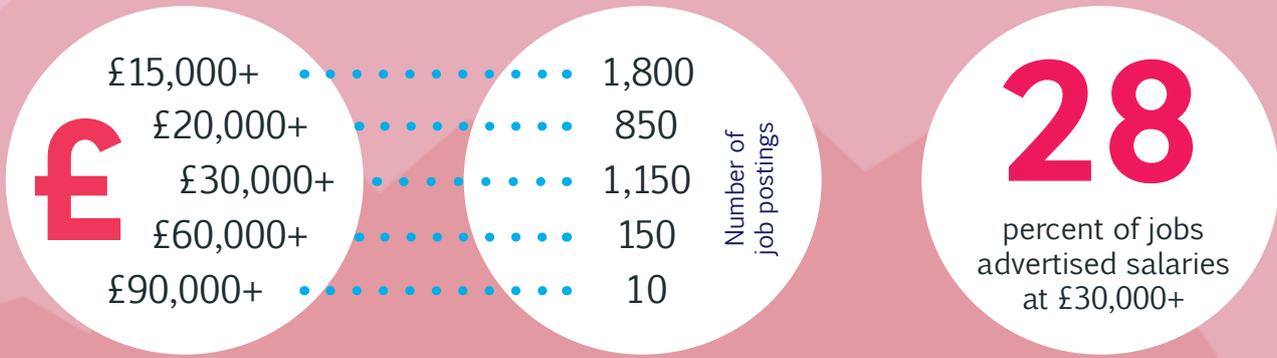
BASILDON -Basildon Council -Companion Care -Willbrook Family Centre	BRAINTREE -Bluebird Care -Caring 4 U -Kilkee Lodge	BRENTWOOD -Brentwood Care Centre -CareCo -Crossroads Care
CASTLE POINT -Carers Choices -Hopes Green Care Homes	CHELMSFORD -Essex County Council -Forest Homecare -YMCA Chelmsford	COLCHESTER -NHS North East Essex -Pathways Care -Right Care
EPPING FOREST -Closer than Close Homecare -Epping Babysitters -Epping Nursery	HARLOW -ECL Wellbeing Hub -Mears Group -Mind West Essex	MALDON -Firstlings Ltd. -Goldsborough Home Care -Longfield
ROCHFORD -Coachman Court Assisted Living -Runwood Homes	SOUTHEND -Age UK -Strathmore Care -Vibrance Care	TENDRING -Aldanat Care -Spring Lodge -Teen Talk
THURROCK -Bluebell Court -John Stanley's Care Agency Ltd -Thurrock Fostering	UTTLESFORD -Caremark -Hargrave Care Home -Uttlesford Carers	

ADVERTISED IN ESSEX

OCCUPATIONS

Care Worker | Nursery Nurse | Play Worker | Care Companion
Childminder | Youth & Community Officer | Social Service Manager
Probation Officer | Child Officer | Senior Carer | Care Manager

SALARIES



CARE

TOP SKILLS ESSEX EMPLOYERS ARE LOOKING FOR...

Communication | Planning | Supervision | Writing | Teaching
Staff Coordination | Leadership | Computer Skills | Team Work
Budgeting | Research | Listening | People Skills | Initiative



WHAT NOW?

Sounds good, right?! So what can you do to begin your career in care? There are lots of places for you to get your hands on even more information:

Community Care - communitycare.co.uk

HSCIC - hscic.gov.uk

Skills for Care - skillsforcare.org.uk

Also, remember that gaining skills through experience is really important. Whether you are on a college course, an apprenticeship, or undertaking voluntary work, employers will always want to hear about your knowledge and skills!



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MY SKILLS, MY FUTURE!

We hope you've enjoyed our booklet - you have learnt a lot about some of the key sectors in Essex and what you could do in the future. As you have seen, skills and experience are an important part to beginning your career.

When you're applying to become an apprentice, to start further education or to get your first job, you'll need to talk about your skills and experience. Whatever it is you want to do, you have a lot more valuable skills than you might think. Take a look at our ideas list and see if you are doing any of these things right now. If you're not, consider some of these ideas to boost your CV. Remember, this is just a small guide, there are hundreds of unique things that you are probably doing already that teachers and employers will be interested in hearing!



MY SKILLS LIST

HOBBIES

Having a hobby is a good way to show that you're active outside of school and that you have lots of interests:

- Acting & arts
- Doing sports
- Model Making
- Photography
- Programming
- Singing & dancing
- Cooking & baking
- Drawing & designing
- Painting
- Playing an instrument
- Reading
- Travelling



ACHIEVEMENTS AT SCHOOL

There are many ways for you to be involved in your school and the next person you apply to will want to hear how you spent your time there!

- Gifted & talented student
- High attendance
- Prefect or school council member
- Sports or activities club member
- Good Grades
- Improved student
- Schools volunteer
- Star pupil

RESPONSIBILITIES

Having responsibilities might not always be fun, but it shows you are mature, trustworthy and capable. For example, you might be:

Caring for siblings or a family member

Babysitting or in charge of household tasks

Part of a team or group project



WORK EXPERIENCE

From voluntary work to learning from others in a work environment, there are many things you can do to boost your skills and get ahead of the game. Why not try:

Volunteering at a local company or charity

Getting advice from companies you are interested in

Arranging work experience during your holidays

WHAT'S FOR

Apprenticeships

Apprenticeships are paid periods of training that allow apprentices to learn a particular skill or set of skills, through a combination of hands-on work and study or training. Apprenticeships can last anywhere between one to five years and are a great way to get practical experience before you begin your career.

The levels range from 2 - 6; higher level apprenticeships (levels five and six) are the equivalent of a University degree. At the end of each level, you'll receive a nationally recognised qualification too.

They aren't just for those interested in construction or engineering; there are apprenticeship opportunities in almost every industry from financial & related services to IT or Care. Apprentices could find themselves working in any sized company so the work will always be unique.

You can find out more information about apprenticeships by visiting: www.getingofar.gov.uk

NEXT ME?



Full Time Study

You can study full time courses at your school's sixth form (if it has one) or at a local Further Education college. A-levels are popular but there are also many other qualifications you can achieve including BTEC's, NVQ's and Diploma's that often link to professional qualifications.

Studying for your qualifications will be very different to what you are used to at school. Focus is placed on independent study which will give you more responsibility and you will be treated more like an adult. If you are clear on the career path you wish to take, a vocational qualification may be the best route for you. If you are less sure of what you might like to do or are keen to go University then an A-Levels may be more suitable.

When picking your full time course try to think about what will be important to study for your future career. For example; science, technology, engineering and maths (STEM) subjects are really useful for entering the seven sectors in this booklet.



WHICH ROUTE IS THE BEST?



It's a good question, but the answer is the one that is right for you. There are benefits to both but knowing what you might want to do in the future will help you choose. Taking an apprenticeship or studying full time can be equally impressive to an employer and both can take you down a practical or academic route. These qualifications will provide you with a lot of skills and knowledge for the future. Remember that the choice, even about the subject, has to be right for you and your future.