



**Employment  
and Skills  
Board**

careers and opportunities in

# HEALTH

2017-18

The health sector supports millions of patients across the UK every year. There are lots of roles in the health sector; doctors and nurses are just one part of the story.

Find out about the opportunities that exist within health and see what you can do in this industry by reading through this booklet!

## Doctor Dot

Doctor Dot is one of thousands of female doctors in Essex and earns up to £50k by being a specialist.

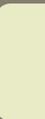
Three key health occupations include Medical Practitioners, Physiotherapists and Nurses!

## Medic Matt

Matt's just started his journey to become a Senior Practitioner. He's studying and working part-time to learn all he needs to know!

## Nurse Norman

Nurse Norman is a children's nurse. He got full marks in his course which was approved by a special group called the Nursing and Midwifery Council.



## WELCOME!

Bet you didn't know that over 64% of the health sector perform hospital activities and that the health industry is still looking for over 6,500 nurses in Essex. If that's not your thing though, there are many other roles you can find on the next couple of pages!



**Creativity** is actually one of the top ten skills that the health sector is looking for when hiring a new member.



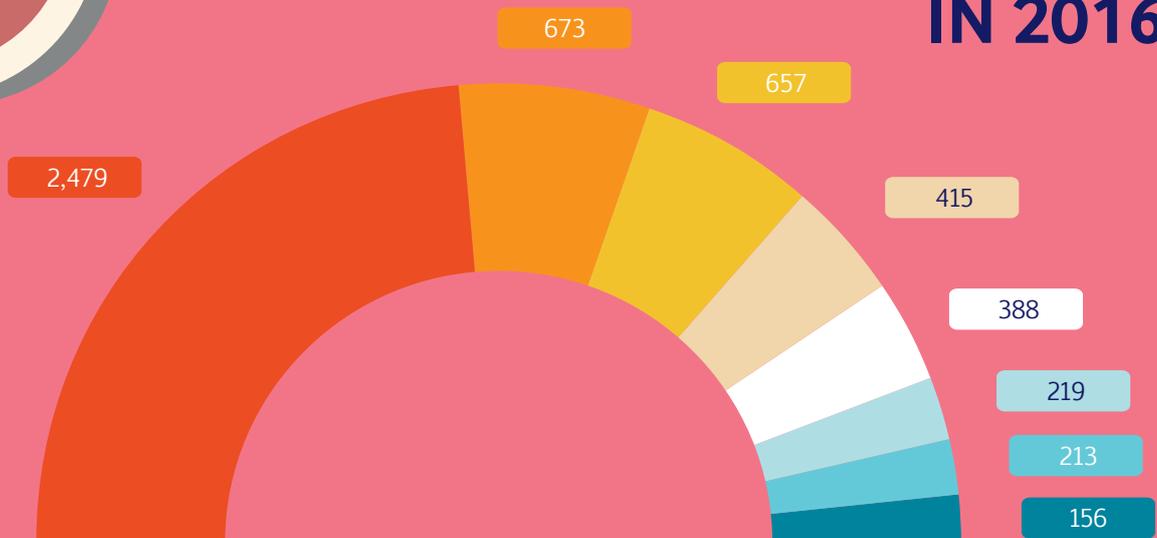
HEALTH

Across Essex, the NHS had over **6,000 job postings** in 2016. Roles included physiotherapist, speech therapist, medical secretary and registered nurse in the health sector in Essex.

See the gauge below? This chart tells you all about which health positions in the Essex area have the most availabilities and which are advertised less, making them more competitive.



## 14,500+ ESSEX JOB VACANCIES IN 2016



- Registered Nurse
- Auxiliary Nurse
- Staff Nurse
- Physiotherapist
- Occupational Therapist
- Charge Nurse
- Nurse Practitioner
- Paediatric Nurse

Less competitive



More competitive

# WHAT'S OUT THERE FOR ME?

There are hundreds of opportunities available in this sector. We'll only show you seven for now, but take a look at some of the different roles available in health and search online for [NHS Careers](#) if you're looking for something else within this industry!



## Dentist £30k - £38k+

Not everyone's favourite person, but dentists are important people in the world of health. We all know they attend to dental problems but what you might not know is that they're trained to identify diseases and dental conditions, manage their staff and research the latest developments in the business.

## Optician £25k - 34k+

Opticians make sure your eyesight's perfect, but when it's not - they prescribe glasses or contact lenses to make everything better. Some of the other roles include: vision examinations to check for abnormalities, meeting sales targets, raising awareness about eye care. It's all in a day's work for the optician.



## Emergency Care Assistant £16k - £20k+

Being an Emergency Care Assistant means being active and alert. These members of the emergency team often drive emergency vehicles and assist paramedics. They need to be ready for any situation. Not all heroes wear capes.

## Physiologist £18k - £30k+

When your body's not moving quite the way it should, these experts will help you out. Physiologists know all the muscles in the body and just what they need to get better! Sports stars all have physiologists to make sure they can perform to the best of their ability at all times.



## Geneticist £30k - £40k+

There are loads of reasons to study genetics, but one reason relevant to the health sector is to discover how certain illnesses change our DNA (that's the stuff that makes us the way we are). With this knowledge, various illnesses can be cured and even prevented completely.

## Nurse £21k - £27k+

Nurses plan and provide medical and nursing care to patients in hospital, at home or in other environments. They take care of patients who are suffering from a mental or physical illness and also promote good health by educating people on how to best take care of themselves.



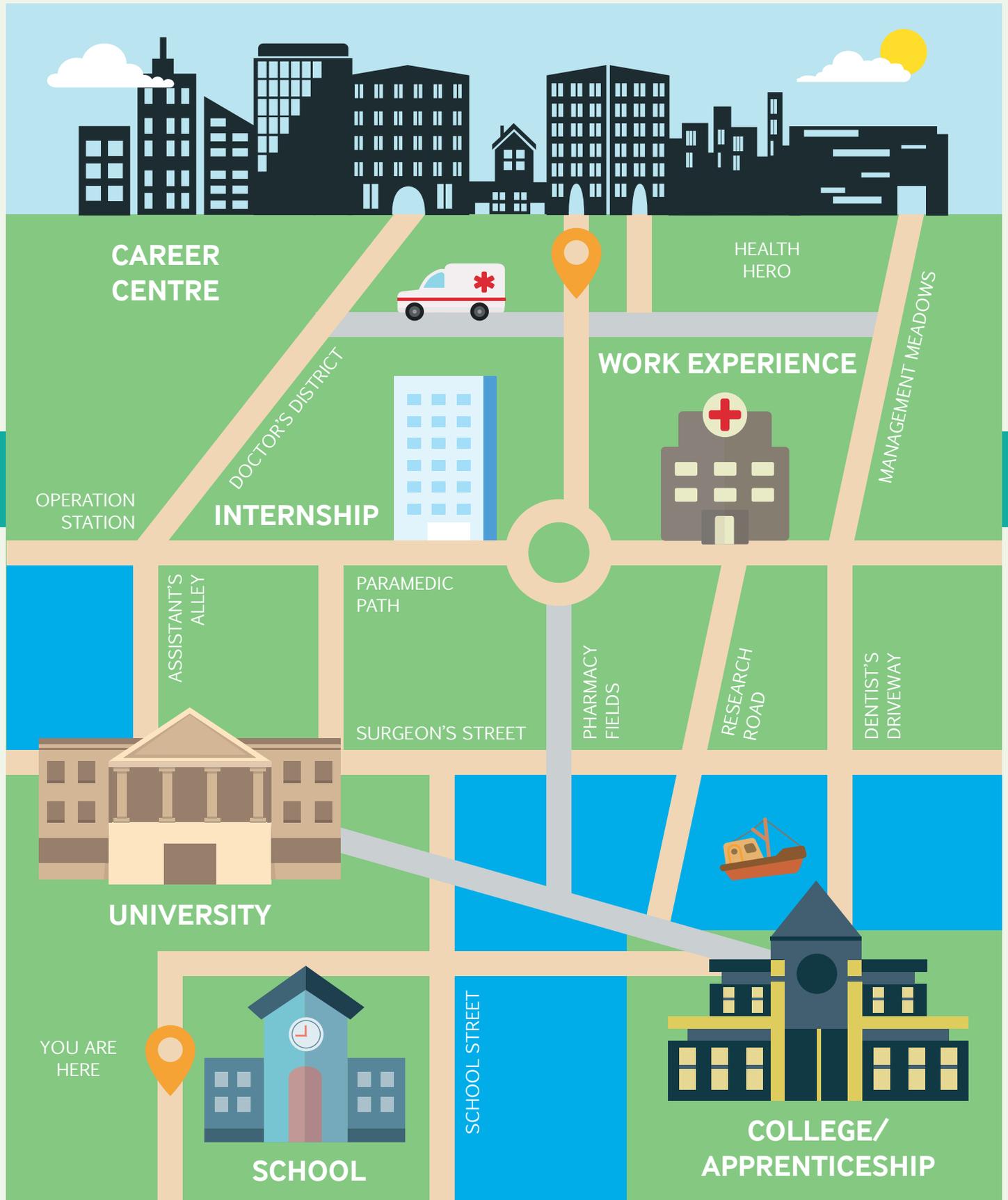
## Pharmacist £32k - £37k+

Don't be fooled - you won't just be passing medicine across the counter in this job. You'll be required to work at a high skill-level to make sure you blend quality compounds with precision using state of the art technology. Can you handle the pressure?

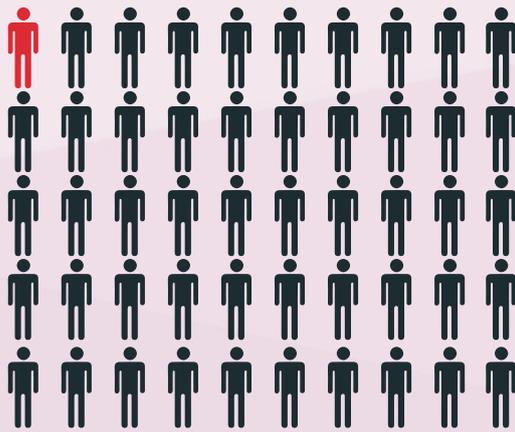
# SKILL CITY



It's easy to get from A to B when you know how. Here's a little guide to give you an idea of how you can get to your next stop. Whatever your path, there are no dead-ends! Employability skills are crucial in your rise to an awesome career so the fastest way to the top is to get as much experience as much as you can!



## ONE IN FIFTY LIVING IN ESSEX WORK IN HEALTH



## ONE IN TWO EMPLOYEES IN HEALTH ARE NURSES



This sector employs more than

**47,500**

people in over

**1,700**

companies across Essex!



The NHS is one of the largest employers in the world:

**1,500,000**

people worked in this service across the UK in 2017.

### CAREER

SCHOOL

COLLEGE

UNIVERSITY

It's important that employees in health are responsibly trained, so employers look for all types of qualifications to prove it. Apprenticeships, NVQs, A-levels or a degree will help you to get the experience and the skills that you need.

The health and IT, digital and creative sector are continuing to cross over, with medical care looking to technology as the future of health.

# WHERE IN ESSEX?

Having skills is really important, but knowing where you can apply them is too. This map shows you the number of available vacancies in 2016, as well as some of the health companies in these areas.

## VACANCIES BY DISTRICT



## LOCAL BUSINESSES

<b>BASILDON</b> -Affinity Dental -Aramark Health -Timesco Health Care	<b>BRAINTREE</b> -Avanti Health Care -Medical Device Management	<b>BRENTWOOD</b> -Beechwood Surgery -Nuffield Hospital
<b>CASTLE POINT</b> -Castle Opticians -Spinal & Natural Healthcare Centre -Benfleet Surgery	<b>CHELMSFORD</b> -ERS Medical -NHS -SMP Healthcare	<b>COLCHESTER</b> -Interserve Healthcare -Nurse Plus -Plexus Healthcare
<b>EPHING FOREST</b> -Apex Health Associates -Epping Physiotherapy Clinic	<b>HARLOW</b> -Diamond Pharma Services -GSK -Teva UK	<b>MALDON</b> -Blackwater Medical Centre -Maldon Chiropractic
<b>ROCHFORD</b> -Raphael House -Rochford Community Hospital	<b>SOUTHEND</b> -Allied Health Care -Harland Centre	<b>TENDRING</b> -Elm Tree Dental Surgery -J H Health & Care Associates
<b>THURROCK</b> -NHS Thurrock CCG -Primecare Physiotherapy	<b>UTTLESFORD</b> -Angel Lane Surgery -Gilead Sciences -Uniserve Intl.	

# ADVERTISED IN ESSEX

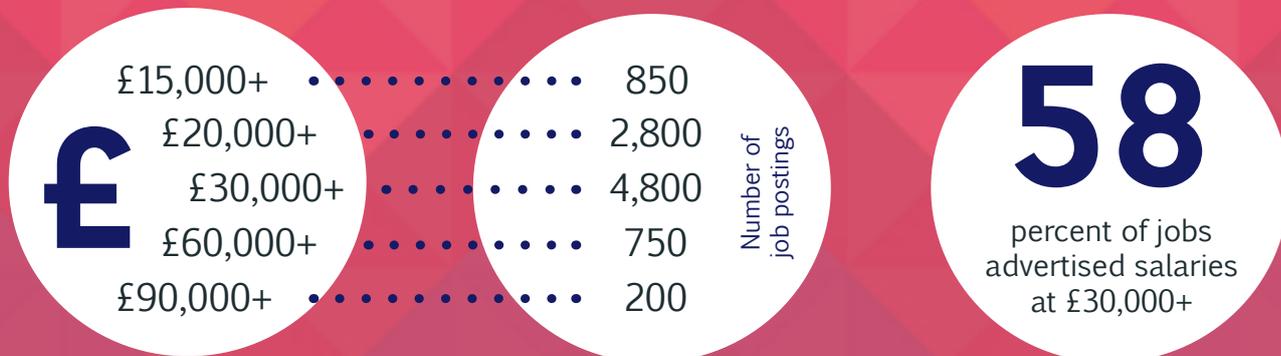
OCCUPATIONS

Medical Technician | Medical Radiographer | Nurse

**Health Professional | Dental Technician | Physiotherapist**

Nursing Assistant | Public Health Manager | Medical Practitioner

SALARIES



## TOP ESSEX HEALTH SKILLS

Rehabilitation | Mental Health | Patient Care | Calculation

**Theatre Practitioner | Midwife | Care Plans | Surgery**

Therapy | Mentoring | Wound Care | Psychology

## WHAT NOW?

Sounds good, right?! So what can you do to begin your career in health? There are lots of places for you to get your hands on even more information:

Care UK Health - [careukhealthcare.com/healthcare-jobs](http://careukhealthcare.com/healthcare-jobs)

NHS - [healthcareers.nhs.uk](http://healthcareers.nhs.uk)

Health Education England - [hee.nhs.uk](http://hee.nhs.uk)

Also, remember that gaining skills through experience is really important. Whether you are on a college course, an apprenticeship, or undertaking voluntary work, employers will always want to hear about your knowledge and skills!



@EssexESB #WYT  
[theboard@essexesb.co.uk](mailto:theboard@essexesb.co.uk)



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# MY SKILLS, MY FUTURE!

We hope you've enjoyed our booklet - you have learnt a lot about some of the key sectors in Essex and what you could do in the future. As you have seen, skills and experience are an important part to beginning your career.

When you're applying to become an apprentice, to start further education or to get your first job, you'll need to talk about your skills and experience. Whatever it is you want to do, you have a lot more valuable skills than you might think. Take a look at our ideas list and see if you are doing any of these things right now. If you're not, consider some of these ideas to boost your CV. Remember, this is just a small guide, there are hundreds of unique things that you are probably doing already that teachers and employers will be interested in hearing!



## MY SKILLS LIST

### HOBBIES

Having a hobby is a good way to show that you're active outside of school and that you have lots of interests:

- Acting & arts
- Doing sports
- Model Making
- Photography
- Programming
- Singing & dancing
- Cooking & baking
- Drawing & designing
- Painting
- Playing an instrument
- Reading
- Travelling



### ACHIEVEMENTS AT SCHOOL

There are many ways for you to be involved in your school and the next person you apply to will want to hear how you spent your time there!

- Gifted & talented student
- High attendance
- Prefect or school council member
- Sports or activities club member
- Good Grades
- Improved student
- Schools volunteer
- Star pupil

### RESPONSIBILITIES

Having responsibilities might not always be fun, but it shows you are mature, trustworthy and capable. For example, you might be:

Caring for siblings or a family member

Babysitting or in charge of household tasks

Part of a team or group project



### WORK EXPERIENCE

From voluntary work to learning from others in a work environment, there are many things you can do to boost your skills and get ahead of the game. Why not try:

Volunteering at a local company or charity

Getting advice from companies you are interested in

Arranging work experience during your holidays

# WHAT'S FOR

## Apprenticeships

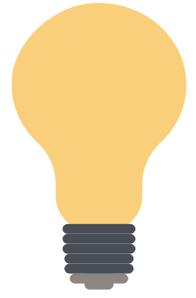
Apprenticeships are paid periods of training that allow apprentices to learn a particular skill or set of skills, through a combination of hands-on work and study or training. Apprenticeships can last anywhere between one to five years and are a great way to get practical experience before you begin your career.

The levels range from 2 - 6; higher level apprenticeships (levels five and six) are the equivalent of a University degree. At the end of each level, you'll receive a nationally recognised qualification too.

They aren't just for those interested in construction or engineering; there are apprenticeship opportunities in almost every industry from financial & related services to IT or Care. Apprentices could find themselves working in any sized company so the work will always be unique.

You can find out more information about apprenticeships by visiting: [www.getingofar.gov.uk](http://www.getingofar.gov.uk)

# NEXT ME?



## Full Time Study

You can study full time courses at your school's sixth form (if it has one) or at a local Further Education college. A-levels are popular but there are also many other qualifications you can achieve including BTEC's, NVQ's and Diploma's that often link to professional qualifications.

Studying for your qualifications will be very different to what you are used to at school. Focus is placed on independent study which will give you more responsibility and you will be treated more like an adult. If you are clear on the career path you wish to take, a vocational qualification may be the best route for you. If you are less sure of what you might like to do or are keen to go University then an A-Levels may be more suitable.

When picking your full time course try to think about what will be important to study for your future career. For example; science, technology, engineering and maths (STEM) subjects are really useful for entering the seven sectors in this booklet.



## WHICH ROUTE IS THE BEST?



It's a good question, but the answer is the one that is right for you. There are benefits to both but knowing what you might want to do in the future will help you choose. Taking an apprenticeship or studying full time can be equally impressive to an employer and both can take you down a practical or academic route. These qualifications will provide you with a lot of skills and knowledge for the future. Remember that the choice, even about the subject, has to be right for you and your future.